



ST. MICHAEL CATHOLIC CHURCH

 @StMikesWaterloo

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80 University Ave. W., (at Hemlock Street), Waterloo, ON N2L 3C7

P: 519-884-9311 • F: 519-888-6042 • Parish Office email: parish@stmichaelw.ca

Father Pawel Jamroz, Pastor email: pastor@stmichaelw.ca

SCHEDULE OF LORD'S DAY MASSES

Saturday: 5:00 p.m.

Sunday: 9:00 a.m., 11:00 a.m. & 7:00 p.m.

WEEKDAY MASS SCHEDULE

Tuesday: 7:00 p.m.

Wednesday & Thursday: 12:15 p.m.

Friday: 8:00 a.m.

SACRAMENT OF RECONCILIATION

Before daily Masses and

Tuesday 6:15-6:45 p.m., 7:45 -8:15 p.m.

Friday 8:30-9:00 a.m.

Saturday 4:00-4:45 p.m.

Father is also available before and after Sunday Masses if needed.



Our Worship Space and Parish Centre are barrier free off of Hemlock Street entrance

PARISH OFFICE HOURS

Monday to Friday: 9:00 a.m. - 4:30 p.m.

PARISH PRAYER NETWORK

Our parish prayer network prays for those who are in need. To add an intention or become a member of the prayer network, please email us at parish@stmichaelw.ca

OUR PARISH SCHOOLS

Sir Edgar Bauer Elementary School	519-884-8480
St Nicholas Elementary School	519-884-9198
Resurrection Secondary School	519-741-1990
St David Secondary School	519-885-1340
St Jerome University	519-884-8111

SACRAMENT OF BAPTISM

Please contact the Parish Office to begin the process of preparing your child and family for this Sacrament.

CAMPUS MINISTRY

St Michael Parish welcomes post-secondary students to participate in the life of the parish. The St John Paul II Student Centre (adjacent to the Church) offers programming and pastoral care for all university and college students (jp2waterloo.ca).

SACRAMENT OF MARRIAGE

The Sacrament of Marriage is normally celebrated on Saturday afternoons. Preparation is provided. Please contact Father before setting a date of marriage.

PASTORAL CARE TO SICK AND HOMEBOUND

Ministers of Communion to the Sick bring communion to those who are sick or confined at home, in nursing homes or hospital. Anointing of the Sick takes place annually in the parish, and is celebrated personally upon request. To ensure a visit by our Pastoral Team when hospitalized please indicate you are a member of St Michael Parish.

HEALING MINISTRIES

"Heartache to Healing" is our Grief Support Group and "ACT II" is our Separated/Divorced Group. To find out more about the programs, please contact our parish office.

ST. VINCENT DE PAUL SOCIETY

Due to COVID-19, emergency food deliveries from our parish are currently on hold. If there is an urgent need, please call 519-742-8327 and press 2 for the House of Friendship food assistance program. Monthly collections have also been "paused" for 2022 due to inactivity for the foreseeable future.

BLESSING OF EXPECTANT PARENTS

The Blessing of Expectant Parents takes place after each Mass on the First Sunday of the month.

PARISH BEQUESTS

Keep your love for your parish alive. Remember St. Michael Parish in your will and when recommending expressions of sympathy.

FROM THE PASTOR'S DESK

Sunday's Gospel Reflection (Lk 9:28-36)



It is striking that in the midst of His glorious Transfiguration Jesus speaks about His 'exodus' in Jerusalem, that is, about His suffering and death (Lk 9:31). In this way Christ wants us to know that suffering and death is not the last word, not for Christ, and not for us.

Indeed, the Greek word for 'transfiguration' *metamorphosis* is used in the New Testament in reference to Christ and those who believe in Him (2Cor 3:18ff). It is to say, that God's glory is manifested in our lives not only when we are most successful and healthy but also when we are bound down by illness or suffering.

Fr. Jamroz

WELCOME HOME TO ST. MICHAEL PARISH

Welcome, we are really glad you're here! Whether exploring, struggling or looking for a new Church Home - we extend a warm welcome to our parish and pray that you feel at home.

For details on our parish life, check out our website:
www.stmichaelw.ca



Tuesday, March 15, 2022

7:00 pm + Edward Castelino & Sebastian Serrao
- Neil Martis

7:30 pm Holy Hour with Adoration & Benediction

Wednesday, March 16, 2022

12:15 pm + Nick, Anna & Scholastika Gossman
- A friend

Thursday, March 17, 2022

12:15 pm + Zeffrey Fernandes – Granddaughter &
Family

+ Egon & Marie Spreitzer – A Friend

+ Jim Goodwin – Eleanor Horrigan

Friday, March 18, 2022

8:00 am + Katherine Krochak – Nick Stasiuk

7:00 pm + For the Parishioners of St. Michael Parish

7:30 pm Stations of the Cross

Saturday, March 19, 2022

5:00 pm + Lee Mapplebeck – Doug & Gai Brown & Family

Mass Guidelines

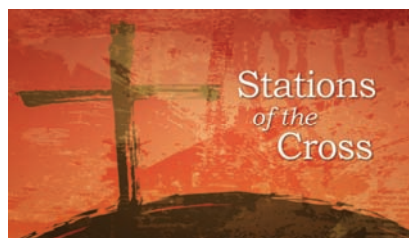
Masks are required by all who attend Mass, two-years old and older.

Sunday Homilies Online

Sunday homilies are available weekly online in audio version through our parish website – just click on the button 'LISTEN TO HOMILY'.

Parish Office Hours

The parish office is open for in person, Monday – Friday from 9:00 am to 4:30 pm. If you are in need of a priest, you can contact Fr. Jamroz at 519-884-9311 ext. 27 or by email at pastor@stmichaelw.ca



Stations of the Cross

Friday evenings during Lent following the 7:00 pm Mass.

Children's Ministry Update

We are getting ready to restart the Children's Ministry. We are very happy to greet all the children that would like to join us every Sunday for a time full of fun faith activities.

If you are interested in bringing your children or for more information, please send an email to catechist@stmichaelw.ca



Heartache to Healing - Grief Support Group

Our 6 week grief support group will be offered this Spring. The program is designed to assist people after the death of a loved one, or a significant loss. This program follows the process developed by Dr. Bill Webster, an experienced leader in grief counselling. The sessions will be held on Wednesday evenings from 7-8:30pm (April 20 to May 25). Everyone is welcome. There is no fee, but you must register by April 13th. Visit our website for more information at www.stmichaelw.ca/grief-support. To register, or for more information, please contact the parish office 519-884-9311, or email parish@stmichaelw.ca.

ROSARY ON-LINE DURING LENT

CWL members and parishioners are invited to join together in praying the Rosary on **Thursday** evenings during Lent – March 3rd, 10th, 17th, 24th, 31st and April 7th.

The Rosary will be prayed on-line over Zoom at 7pm.

It will be led by a member of the CWL.

If you would like to join, please email Shani Pregelj: email = cwl@stmichaelw.ca or phone 519-883-8933

Altar Servers Needed

We are looking for children grade 3 and up to be Altar Servers. If you are interested, please contact the parish office.

Support for Ukraine

Donations can be made through Development and Peace on their website at <https://www.dev.org/en/>, there is a link on our parish website for Development and Peace, by calling 1 888 664-3387 or by mailing a cheque made out to Development and Peace and marked *Emergency Ukraine* to Development and Peace, 1425 René-Lévesque Blvd. West, 3rd Floor, Montréal, Québec, H3G 1T7

Day of Prayer for Victims of Sexual Abuse

A pamphlet entitled, *Safeguarding Children and Vulnerable Persons: A Sacred Trust*, prepared by the Diocesan Safeguarding Panel is inserted in the bulletin this week. This pamphlet is designed to inform the faithful of the commitment of our Diocese to safeguard the dignity of every person and to provide safe environments for all, especially the most vulnerable among us.



DIOCESE OF HAMILTON

Mount Mary Immaculate Retreat Centre is now open and accepting group and personal retreat bookings for 2022! With a large Chapel and acres of untouched green space Mount Mary is an ideal location for those seeking a retreat experience. Groups of all types are welcome for a day or for an overnight stay. For more information please visit: www.mountmary.ca.

3 Keys to Creating Your CatholicHOM (Household on Mission) is the third talk in our Hamilton Diocesan Speaker Series - What does it take to create a happy, holy family life? Is that even possible these days? It is! Join us for a dynamic discussion of the three things every Catholic family can do to relate more lovingly, connect more meaningfully, and care for each other and the world more deeply. Discover simple, practical ways you can create a more joyful, peaceful family life, encounter Christ more meaningfully at home, and experience your faith as the source of warmth in your home. Join us on Tuesday, March 22nd from 7-8:30 p.m. as we welcome Dr. Greg and Lisa Popcak, creators of CatholicHOM (CatholicHOM.com) a dynamic online community, directors of CatholicCounselors.com, founders of The Peyton Institute for Domestic Church Life, as well as authors of over 20 popular books integrating the timeless wisdom of our Catholic faith with contemporary research in counseling psychology. Visit: <https://amorislaetitia.hamiltondiocese.com> for more information on the series and to register. For more information contact Teresa Hartnett at thartnett@hamiltondiocese.com, or 905-528-7988 ext. 2250.



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